

CURRICULUM VITAE



A. BUTIR-BUTIR PERIBADI (Personal Details)			
Nama Penuh (<i>Full Name</i>)	CHEW BOON HOW		Gelaran (<i>Title</i>): Associate Professor Dr.
No. MyKad / No. Pasport (<i>Mykad No. / Passport No.</i>)	Warganegara (<i>Citizenship</i>) Malaysia	Bangsa (<i>Race</i>) Chinese	Jantina (<i>Gender</i>) Male
Jawatan (<i>Designation</i>)	Associate Professor	Tarikh Lahir (<i>Date of Birth</i>)	28-09-1973
Alamat Semasa (<i>Current Address</i>)	Jabatan/Fakulti (<i>Department/Faculty</i>)	E-mel dan URL (<i>E-mail Address and URL</i>)	
Department of Family Medicine Faculty of Medicine and Health Sciences, Universiti Putra Malaysia, 43400 UPM Serdang, Selangor Darul Ehsan, Malaysia Tel: 03-8947 2520	Department of Family Medicine, Faculty of Medicine and Health Sciences Tel: 03-8947 2538 Fax: 03-8947 2328	E-mail: chewboonhow@upm.edu.my E-mail: chewboonhow@gmail.com Research ID: B-2385-2010 [http://www.researcherid.com/rid/B-2385-2010] Scopus Author ID: 39161012600 [https://www.scopus.com/authid/detail.uri?authorId=39161012600] ORCID ID: 0000-0002-8627-6248 [http://orcid.org/0000-0002-8627-6248] ResearchGate: https://www.researchgate.net/profile/Boon_How_Chew2 LOOP: https://loop.frontiersin.org/people/174418/overview Mendeley: https://www.mendeley.com/profiles/boon-how-chew2/ Google Scholar: https://scholar.google.nl/citations?user=GFZ9z5gAAAAJ&hl=en&oi=ao Academia: http://upm.academia.edu/ChewBoonHow Linkedin: https://my.linkedin.com/in/boon-how-chew-80151b6	

B. KELAYAKAN AKADEMIK (Academic Qualification)			
Nama Sijil / Kelayakan (<i>Certificate / Qualification obtained</i>)	Nama Sekolah/Institusi (<i>Name of School / Institution</i>)	Tahun (<i>Year obtained</i>)	Bidang Pengkhususan (<i>Area of Specialization</i>)
PhD Candidate	Julius Center for Health Sciences & Primary Care, University Medical Center Utrecht, The Netherlands	2013-2017	Primary Care Diabetology & Clinical Epidemiology
Master Degree	University Malaya (UM)	2007	Family Medicine
Degree	University Science Malaysia (USM)	1999	Medicine

C. KEMAHIRAN BAHASA (Language Proficiency)					
Bahasa / <i>Language</i>	Lemah <i>Poor (1)</i>	Sederhana <i>Moderate (2)</i>	Baik <i>Good (3)</i>	Amat Baik <i>Very good (4)</i>	Cemerlang <i>Excellent (5)</i>
English					√
Bahasa Melayu				√	
Chinese			√		
D. PENGALAMAN SAINTIFIK DAN PENGKHUSUSAN (Scientific experience and Specializations)					
<i>Organization</i>	<i>Position</i>	<i>Start Date</i>	<i>End Date</i>	<i>Expertise</i>	
CRC	GCP Certified	7 July 2008	9 July 2008	Good Clinical Practice	
Multi-Health Systems Inc	Attended Mayer-Salovey-Caruso Emotional Intelligence Test (MSCEIT™) Professional Test User Certification Program	23 November 2010	24 November 2010	Emotional Intelligence Test	
Faculty of Medicine and Health Sciences UPM	Judge for Research Methods Seminar for the Year 2 Medical Students 2009/2010	23 Jun 2010	23 Jun 2010	Clinical Research	
Faculty of Medicine and Health Sciences UPM	Judge for Research Methods Seminar for the Year 2 Medical Students 2010/2011	22 Jun 2011	22 Jun 2011	Clinical Research	
Academy of Family Physicians Malaysia (AFPM)	Research Championship Coach for the 3rd Asia Pacific Primary Care Research Conference 2012, Singapore	30 November 2012	2 December 2012	Clinical Research	
The Malaysian Family Medicine Specialist Association	Abstract Reviewer for the 16th Malaysian Family Medicine Scientific Conference 2012	12 July 2012	15 July 2012	Clinical Research	
Medical Education Department, School of Medical Sciences, Kubang Kerian Kelantan	Editorial Board Member of Education in Medicine Journal (EIMJ) since 2012	1 March 2012	31 December 2016	Editorial	
Faculty of Medicine and Health Sciences UPM	Editorial working committee for the PBL-Cases For medical Students in 2012	1 June 2012	31 May 2014	Editorial	
Curtin Sarawak	Research Grant Reviewer & Judge	15 October 2014	17 October 2014	Medical Research	
Academy of Family Physicians Malaysia (AFPM)	Research Grant Reviewer & Judge	2018	2019	Medical Research	
Academy of Family Physicians Malaysia (AFPM)	Poster Competition Judge for the 5th Asia Pacific Primary Care Research Conference 2015	4 December 2015	6 December 2015	Clinical Research	
Academy of Family Physicians Malaysia (AFPM)	Research Championship Coach for the 5th Asia Pacific Primary Care Research Conference 2015, Putrajaya	4 December 2015	6 December 2015	Clinical Research	

Academy of Family Physicians Malaysia (AFPM)	Editorial Board Member of Malaysian Family Physician journal (MFP) since 2015	24 October 2015	current	Editorial
ACT Publishing Group Limited. UNIT E, A1, 7/F, Cheuk Nang Plaza, 250 Hennessy Road, Wanchai, Hong Kong. Email: ijdr@ghrnet.org	Editorial Board Member of the International Journal of Diabetes Research (ISSN 2414-2409) since 2016	20 January 2016	current	Editorial
Danish Diabetes Academy (DDA)	A member of the international Committee for Talent Development of Danish Diabetes Academy	2018	2020	Evaluator/Peer review
Academy of Family Physicians Malaysia (AFPM)	Writing a Research Paper Pre-conference Workshop for the 7th Asia Pacific Primary Care Research Conference 2019, Penang	27 June 2019	27 June 2019	Clinical Research
Academy of Family Physicians Malaysia (AFPM)	Poster Competition Judge for the 7th Asia Pacific Primary Care Research Conference 2019, Penang	28 June 2019	29 June 2019	Clinical Research
National Institute of Health, Ministry of Health Malaysia (NIH-MOH)	Member of Scientific Review Board Institute for Health System Research (SRB-IHSR)	June 2019	December 2020	Clinical Research

E. Pekerjaan (Employment)

Majikan / Employer	Jawatan / Designation	Jabatan / Department	Tarikh Lantikan / Start Date	Tarikh Tamat / Date Ended
Ministry Of Health	Family Medicine Specialist	Klinik Kesihatan Tapah, Perak	20 Nov 2007	31 June 2009
Ministry Of Health	Medical Officer And Family Medicine Specialty Trainee	Primary Care Department, University Malaya Medical Centre (Ummc)	December 2004	December 2007
Ministry Of Health	Medical Officer And Family Medicine Specialty Trainee	Kelana Jaya Community Polyclinic	June 2006	May 2007
Ministry Of Health	Medical Officer And Family Medicine Specialty Trainee	Hospital Ipoh	June 2003	November 2005
Ministry Of Health Universiti Putra Malaysia (UPM)	Medical Officer Part-Time Tutor For "Pendidikan Jarak Jauh" (Distance Education And Learning) Of	Klinik Kesihatan Kota Samarahan, Sarawak	September 2001	May 2003
Ministry Of Health	Medical Officer	Klinik Kesihatan Tebekang, Sarawak	September 2000	August 2001
Ministry Of Health	House Officer	University Malaya Medical Centre (UMMC)	July 1999	August 2000

F. ANUGERAH DAN HADIAH (Honours and Awards)				
<i>Name of awards</i>	<i>Title</i>	<i>Award Authority</i>	<i>Award Type</i>	<i>Year</i>
<i>Academic Awards</i>	“Clinical Researchers’ Award”	Faculty of Medicine & Health Sciences, UPM	UPM	2018
	“Excellence in Publication - Individual Category”	Office of The Deputy Vice Chancellor (Research and Innovation), UPM	UPM	2016
	1. Diari VEMOFIT-201612271205 2. Buku Kerja VEMOFIT-201612271204 3. Risalah-risalah Maklumat 1-10 - 201612271203 4. Malay Brief Illness Perception Questionnaire (MBIPQ) - 201612271202 5. The Malay version 17-item Diabetes Distress Scale (MDDS-17)- 201612271201	Intellectual Property Corporation of Malaysia	Intellectual Property Rights	2016
	“Best 10 Clinical Researchers’ Award”	Faculty of Medicine & Health Sciences, UPM	UPM	2015
	“Best 10 Clinical Researchers’ Award”	Faculty of Medicine & Health Sciences, UPM	UPM	2014
	“Best 10 Clinical Researchers’ Award”	Faculty of Medicine & Health Sciences, UPM	UPM	2013
	“Best 5 Clinical Researchers’ Award”	Faculty of Medicine & Health Sciences, UPM	UPM	2012
	Best poster presentation award	College of Family Physicians, Singapore	In conjunction with the 4th Asia Pacific Primary Care Research Conference	2012
<i>Non-Academic Awards</i>				
<i>Awards of Merit</i>	Excellence in Service Award	JKN PERAK	STATE	2008
	Excellence in Service Award	Universiti Putra Malaysia	UPM	2011
	Excellence in Service Award	Universiti Putra Malaysia	UPM	2012
	Excellence in Service Award	Universiti Putra Malaysia	UPM	2013
	Excellence in Service Award	Universiti Putra Malaysia	UPM	2018

G. SENARAI PENERBITAN (Sila masukan nama pengarang, tajuk, nama jurnal, jilid, mukasurat dan tahun diterbitkan) (List of publications – author (s), title, journal, volume, page and year published)

Journal

2008

1. **Chew Boon How**. Medical Relief to 2008 Sichuan Earthquake, China. *Malaysian Family Physician*. 2008;3(3):170-172. http://www.e-mfp.org/2008v3n3/Medical_relief_to_2008_Sichuan.html [ISSN: 1985-2274; Scopus]

2010

2. **Chew Boon How**. A Chronic Cough with Multiple Causes [Case Report]. *Malaysian Family Physician*. 2010;5(2):101-104. http://www.e-mfp.org/2010v5n2/Chronic_cough.html [ISSN: 1985-2274; Scopus]
3. BH Chew, I Mastura, AT Cheong, SAR Syed Alwi. Diabetic Hypertensive Control and Treatment: A Descriptive Report from the Malaysian Diabetes Registry. *Malaysian Family Physician*. 2010;5(3):134-139. http://www.e-mfp.org/2010v5n3/Diabetic_hypertensive.html [ISSN: 1985-2274; Scopus]

2011

4. Mastura Ismail, **Chew Boon How** (corresponding author), Jamaiyah Haniff, Cheong Ai Theng, Sazlina Shariff Ghazali, Zaiton Ahmad, Lee Ping Yein, Syed Alwi Syed Abdul Rahman, Sri Wahyu Taher. Control and Treatment Profiles in Malaysia - A Cross Sectional Survey of 70,889 Adult Type 2 Diabetes Mellitus in 2009. *International Journal of Collaborative Research on Internal Medicine & Public Health*. 2011;3:98-113. <http://www.iomcworld.com/ijcrimph/ijcrimph-v03-n01-10.htm> [ISSN: 1840-4529; Scopus]
5. **Chew Boon How**, Khoo Ee Ming, Chia Yook Chin. Does religious affiliation influence glycaemic control in primary care patients with Type 2 Diabetes Mellitus? *Ment Health Fam Med*. 2011; 8(1):21-28. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3134210/> [ISSN 1756-834X, Online ISSN: 1756-8358; Scopus, PubMed]
6. **Chew BH**, E. Khoo EM, Chia YC. Quality of Care for Adult Type 2 Diabetes Mellitus at a University Primary Care Centre in Malaysia. *International Journal of Collaborative Research on Internal Medicine & Public Health*. 2011;3(6):439-449. <http://www.iomcworld.com/ijcrimph/ijcrimph-v03-n06-03.htm> [ISSN: 1840-4529; Scopus]
7. **BH Chew**, PY Lee, T Sri Wahyu, AT Cheong, I Mastura, A Zaiton. Ethnic Differences in Glycaemic Control and Complications: The Adult Diabetes Control and Management (ADCM), Malaysia. *Med J Malaysia*. 2011;66(3):244-248. http://www.e-mjm.org/2011/v66n3/Glycaemic_control.pdf [ISSN: 0300-5283; Scopus, PubMed]

2012

8. **Chew, B.H.** , Palikat, J.M., Nur Syamimi, A., Nor Azillah, A., See, J.K., Hafiz, A.R., Siti Nazira, A., Aienun, Y., Muhamad Zaid, M., Palaniappan, K., Tan, Y.Y. An Audit of Type 2 Diabetes Care in a Malaysian Public Community Polyclinic. *Pertanika Journal of Science & Technology*. 2012;20(1):97-

103. [http://www.pertanika2.upm.edu.my/Pertanika%20PAPERS/JST%20Vol.%2020%20\(1\)%20Jan.%202012/14%20Pg%2097-102.pdf](http://www.pertanika2.upm.edu.my/Pertanika%20PAPERS/JST%20Vol.%2020%20(1)%20Jan.%202012/14%20Pg%2097-102.pdf) [ISSN: 0128-76804; Scopus]

9. AT Cheong, A Zaiton, **BH Chew**. Metabolic Control and Cardiovascular Risks Among Type 2 Diabetes in a Primary Care Clinic. *Malaysian Journal of Medicine and Health Sciences*. 2012;8(1):5-12. <http://www.medic.upm.edu.my/index.php/en/journal/297-vol-8-no-1-june-2012> [ISSN: 1675-8544; Scopus]
10. **Boon How Chew**, Mastura Ismail, Ping Yein Lee, Sri Wahyu Taher, Haniff Jamaiyah, Mustapha Feisul Idzwan, Mohd Adam. Determinants of uncontrolled dyslipidaemia among adult type 2 diabetes in Malaysia: The Malaysian Diabetes Registry 2009. *Diabetes Res Clin Pract*. 2012; 96(3):339-347. DOI: 10.1016/j.diabres.2012.01.017. <http://www.sciencedirect.com/science/article/pii/S0168822712000393> [ISSN: 0168-8227; ISI impact factor 2.741 Q2]
11. **BH Chew**, I Mastura, SG Sazlina, PY Lee, AT Cheong, A Zaiton, T Sri Wahyu, H Jamaiyah, M Feisul Idzwan, MA Bujang. Determinants of Uncontrolled Hypertension in Adult Type 2 Diabetes Mellitus in Malaysia: The Malaysian Diabetes Registry 2009. *Cardiovasc Diabetol*. 2012; 11: 54. DOI: 10.1186/1475-2840-11-54. <http://www.cardiab.com/content/pdf/1475-2840-11-54.pdf> [ISSN: 1475-2840; 2012 ISI impact factor 4.209 Q2]
12. **Boon-How Chew**, Ai-Theng Cheong, Zaiton Ahmad, Mastura Ismail. Men were suffering more macrovascular complication of diabetes despite similar glycaemic control and better cardiovascular risk profile: the ADCM study 2008. *J Mens health*. 2012; 9(3):190-197. <http://dx.doi.org/10.1016/j.jomh.2012.02.004> [ISSN: 1875-6867; 2012 ISI impact factor 0.484 Q4]
13. **Chew B H**, Leslie Than T L, Chew K S, Jamaludin N K, Hassan H. A One Month Review of the Types of Medical Emergencies and their Treatment Outcomes at Two Urban Public Health Clinics. *Med J Malaysia*. 2012; 67 (6): 571-576. <http://www.e-mjm.org/2012/v67n6/medical-emergencies.pdf> [ISSN: 0300-5283; Scopus, PubMed]

2013

14. **Chew BH**, Cheong AT. Assessing HIV/AIDS Knowledge And Stigmatizing Attitudes Among Medical Students In Universiti Putra Malaysia- A Cross-Sectional Study. *Med J Malaysia*. 2013; 68(1):24-29. <http://www.e-mjm.org/2013/v68n1/knowledge-on-HIV-AIDS.pdf> [ISSN: 0300-5283; Scopus, PubMed]
15. **Chew Boon How**, Sri Wahyu Taher. Primary care for cancers at diagnosis and follow-up: a narrative review. *Family Medicine and Community Health*. 2013; 1(1):56-67. http://www.fmch.cc/data/2013/03/05/d6bf4d35_de6d_4c3f_afa1_41df34550e0c/file/Primary%20care%20for%20cancers%20at%20diagnosis%20and%20follow-up%20a%20narrative%20review.pdf [ISSN: 2305-6983]
16. **BH Chew**, SG Sazlina, I Mastura, H Jamaiyah, MA Bujang. Age \geq 60 years was an independent risk factor for diabetes-related complications despite good control of cardiovascular risk factors in patients with Type 2 Diabetes Mellitus. *Exp Gerontol.* 2013; 48(5): 485-491. DOI: 10.1016/j.exger.2013.02.017. <http://dx.doi.org/10.1016/j.exger.2013.02.017> [ISSN: 0531-5565; 2012 ISI impact factor 3.911 Q1]
17. **Chew Boon How**, Azhar Md. Zain, Faezah Hassan. Emotional Intelligence is related to Better Academic Performance in the First and Fifth Years Medical Students. *BMC Medical Education*. 2013;

13:44. doi:10.1186/1472-6920-13-44 <http://www.biomedcentral.com/1472-6920/13/44> [ISSN: 1472-6920; 2012 ISI impact factor 1.409 Q2]

18. PY Lee, AT Cheong, A Zaiton, I Mastura, **BH Chew**, SG Sazlina, B Mohamad Adam, SAR Syed Alwi, H Jamaiah, T Sri Wahyu. Does Ethnicity Contribute To The Control of Cardiovascular Risk Factors Among Patients with Type 2 Diabetes? *Asia Pac J Public Health*. 2013; 25(4): 316-325. DOI: 10.1177/1010539511430521. <http://aph.sagepub.com/content/25/4/316.full.pdf+html> [ISSN: 1010-5395; ISI impact factor 1.056 Q3]
19. Ng CJ, Lee PY, Lee YK, **Chew BH**, Engkasan JP, Irmi ZI, Hanafi NS, Tong SF. An overview of patient involvement in healthcare decision-making: a situational analysis of the Malaysian context. *BMC Health Services Research*. 2013; 13:408. DOI: 10.1186/1472-6963-13-408. [ISSN: 1472-6963; 2013 ISI impact factor 1.659 Q3 (Health Care Sciences & Services)]
<http://www.biomedcentral.com/1472-6963/13/408>
20. **Boon-How Chew**, Anis Safura Ramli, Mimi Omar, Irmi Zarina Ismail. Preliminary Study of Job Satisfaction and Motivation of Malaysian Primary Healthcare Professionals- A Cross-sectional Study. *Malaysian Family Physician*. 2013; 8(2): 15-25. <http://www.e-mfp.org/2013v8n2/family-physicians-job-satisfaction.pdf> [ISSN: 1985-2274; Scopus]
21. Ai Theng Cheong, Ping Yein Lee, Shariff-Ghazali Sazlina, Bujang Mohamad Adam, **Boon How Chew**, Ismail Mastura, Haniff Jamaiah, Syed-Abdul-Rahman Syed Alwi, Taher Sri Wahyu and Mat-Nasir Nafiza. Poor glycaemic control in younger women attending Malaysian public primary care clinics: findings from Adults Diabetes Control and Management registry. *BMC Family Practice*. 2013, 14:188. DOI: 10.1186/10.1186/1471-2296-14-188. <http://www.biomedcentral.com/1471-2296/14/188> [ISSN: 1471-2296; ISI impact factor 1.61 Q2]
22. **BH Chew**, SG Sazlina, PY Lee, AT Cheong, I Mastura, H Jamaiah, MA Bujang, T Sri Wahyu, M Feisul Idzwan. Type 2 Diabetes Mellitus Patient Profiles, Diseases Control and Complications at Four Public Health Facilities- A Cross-sectional Study based on the Adult Diabetes Control and Management (ADCM) Registry 2009. *Med J Malaysia*. 2013; 68 (5): 397-404. <http://www.e-mjm.org/2013/v68n5/type-2-diabetes-mellitus.pdf> [ISSN: 0300-5283; Scopus, PubMed]
23. **BH Chew**, I Mastura, MA Bujang. Comparing the Profiles of Adult Patients with Type 2 Diabetes Mellitus Attending Four Public Healthcare Facilities in Malaysia. *Malaysian Family Physician*. 2013;8(1):11-19. <http://www.e-mfp.org/pdf/2013v8n3/type-2-diabetes-mellitus.pdf> [ISSN: 1985-2274; Scopus]
- 2014
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24. **Chew Boon How (Chew BH)**, Lee Ping Yein (Lee PY), Mastura Ismail (Mastura I), Cheong Ai Theng (Cheong AT), Sri Wahyu Taher (Sri Wahyu T), Zaiton Ahmad (Zaiton A). Glycaemic Control and Treatment Profile amongst 20646 Type 2 Diabetes. *ePertanika-JST*. 2014; 22(1): 95-103. [http://pertanika.upm.edu.my/Pertanika%20PAPERS/JST%20Vol.%2022%20\(1\)%20Jan.%202014/09%20Page%2095-104%20\(JST%200311-2011\).pdf](http://pertanika.upm.edu.my/Pertanika%20PAPERS/JST%20Vol.%2022%20(1)%20Jan.%202014/09%20Page%2095-104%20(JST%200311-2011).pdf) [ISSN: 0128-76804; Scopus]
25. Sazlina Shariff, Mastura Ismail, Zaiton Ahmad, Cheong Ai Theng, Adam Mohamad Bujang, Jamaiah Haniff, Lee Ping Yein, Syed Alwi Syed Abdul Rahman, **Chew Boon How**, Sri Wahyu Taher. Control of glycemia and other cardiovascular disease risk factors in older adults with type 2 diabetes mellitus: Data from the Adult Diabetes Control and Management. *Geriatr Gerontol Int*. 2014 Jan;14(1):130-7. DOI: 10.1111/ggi.12070. <http://onlinelibrary.wiley.com/doi/10.1111/ggi.12070/pdf> [ISSN: 1447-0594; 2012 ISI impact factor 2.164 Q2 (Gerontology)]

26. **Boon-How Chew** and Sri-Wahyu Taher. Primary Care for Cancers: Epidemiology, Causes, Prevention and Classification- A Narrative Review. *J Family Med Community Health* 2014; 1(1): 1002. <http://www.jscimedcentral.com/FamilyMedicine/familymedicine-1-1002.pdf>
27. **Chew Boon How**, Azhar Md. Zain, Faezah Hassan. The Relationship Between The Social Management Of Emotional Intelligence And Academic Performance Among Medical Students. *Psychol Health Med.* 2014;1-7. DOI: 10.1080/13548506.2014.913797. <http://www.tandfonline.com/doi/full/10.1080/13548506.2014.913797> [ISSN: 1354-8506 (Print), 1465-3966 (Online); 2012 ISI impact factor 1.375 Q3]
28. **Chew BH**, Cheong AT, Mastura I, Zuhra H, Mohd Radzniwan AR, Mazapuspavina MY, Norsiah A. A National Survey on the Expectation of the Public Healthcare Providers on Family Medicine Specialists in Malaysia- A Qualitative Analyses of 623 Written Comments. *BMJ Open.* 2014. <http://bmjopen.bmj.com/cgi/content/full/bmjopen-2013-004645?ijkey=PIUUFdzaqKWX7tE&keytype=ref> [ISSN: 2044-6055; 2012 ISI impact factor 1.583 Q2]
29. **BH Chew**, AT Cheong. Ethnic Groups Difference in Discriminatory Attitude towards HIV/AIDS Patients among Medical Students: A Cross-Sectional Study. *Malaysian Journal of Medicine and Health Sciences* 2014; 10(1): 61-69. [http://www.medic.upm.edu.my/dokumen/FKUSK1_MJMHS_2014V10N1_Artkl_9\[1\].pdf](http://www.medic.upm.edu.my/dokumen/FKUSK1_MJMHS_2014V10N1_Artkl_9[1].pdf) [ISSN: 1675-8544; Scopus]
30. Ramli SA, Lakshmanan S, Haniff J, Selvarajah S, Tong FS, Bujang M-A, Abdul-Razak S, Shafie AA, Lee KMV, Abdul-Rahman HT, Daud HM, Ng KK, Ariffin F, Abdul-Hamid H, Mazapuspavina MY, Mat-Nasir N, Miskan M, Stanley-Ponniah PJ, Ismail M, Chan WC, Abdul-Rahman RY, **Chew B-H**, Low HHW. Study protocol of EMPOWER Participatory Action Research (EMPOWER-PAR): a pragmatic cluster randomised controlled trial of multifaceted chronic disease management strategies to improve diabetes and hypertension outcomes in primary care. *BMC Family Practice* 2014; 15:151. DOI: 10.1186/1471-2296-15-151. <http://www.biomedcentral.com/1471-2296/15/151> [ISSN: 1471-2296; 2013 ISI impact factor 1.735 Q2 (Primary Health Care)]
31. **Chew Boon How**, Lee Ping Yein, Irmir Zarina Hassan. "Personal Mission Statement": Medical Students' and General Practitioners' Reflections on Personal Belief, Value, Purpose and Goal in Life. *Malaysian Family Physician* 2014; 9(2): 26–33. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4399405/pdf/MFP-09-26.pdf> [ISSN: 1985-2274; Scopus]
32. **Boon-How Chew**, Shariff-Ghazali Sazlina and Aaron Fernandez. Psychological aspects of diabetes care: Effecting behavioral change in patients. *World Journal of Diabetes* 2014; 5(6): 796-808. <http://www.wjgnet.com/1948-9358/pdf/v5/i6/796.pdf> [ISSN: 1948-9358; PubMed]
- 2015
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33. **Chew BH**, Khoo EM, Chia YC. Social Support and Glycaemic Control in adult patients with Type 2 Diabetes Mellitus. *Asia Pac J Public Health.* 2015 ; 27(2): 166-173. DOI: 10.1177/1010539511431300. <http://aph.sagepub.com/cgi/reprint/27/2/NP166.pdf?ijkey=wz2Fg7vS7BXTIGM&keytype=finite> [ISSN: 1010-5395; 2014 ISI impact factor 1.459 Q3]
34. Shariff-Ghazali Sazlina, Ismail Mastura, Ai-Theng Cheong, Bujang-Mohamad Adam, Haniff Jamaiyah, Ping-Yein Lee, Syed-Abdul-Rahman Syed-Alwi, **Boon-How Chew**. Predictors of poor glycaemic control in older persons with type 2 diabetes mellitus. *Singapore Med J* 2015; 56(5): 284-290. DOI: 10.11622/smedj.2015055 <http://www.ncbi.nlm.nih.gov/pubmed/25814074> [ISSN: 0037-5675; 2014 ISI impact factor 0.597 Q4]

35. **BH Chew**, PY Lee, AT Cheong, I Mastura, MA Bujang, H Jamaiyah, PP Goh, T Sri Wahyu. Complication Profiles and Associated Risk Factors in Adult Type 2 Diabetes Mellitus - Analysis of 57780 Patients Record from the ADCM Diabetes Registry. *International Journal of Diabetes in Developing Countries* 2015; 35 (3): 356-367. DOI 10.1007/s13410-015-0298-z. <http://link.springer.com/article/10.1007/s13410-015-0298-z>. [ISSN: 0973-3930, 2013 ISI impact factor 0.373 Q4 (Endocrinology & Metabolism)]
36. **Boon-How Chew**, Rimke Vos, Monique Heijmans, Rob JPM Scholten, Guy EHM Rutten. Psychological interventions for diabetes-related distress in adults with type 2 diabetes mellitus [Protocol]. *Cochrane Database of Systematic Reviews* 2015;(1) Art. No.: CD011469. DOI: 10.1002/14651858.CD011469. <http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD011469/full> [ISSN: 1557-6272, 2013 ISI impact factor 5.939 Q1 (Medicine, General & Internal)] [ISSN: 1557-6272, 2014 ISI impact factor 6.032 Q1 (Medicine, General & Internal)]
37. **Boon-How CHEW**, Ping-Yein LEE, Sazlina SHARIFF-GHAZALI, Ai-Theng CHEONG, Mastura ISMAIL and Sri-Wahyu TAHER. Predictive factors of follow-up non-attendance and mortality among adults with type 2 diabetes mellitus- an analysis of the Malaysian Diabetes Registry 2009. *Current Diabetes Review* 2015; 11: 122-131. DOI: 10.2174/1573399811666150115105206. <http://www.eurekaselect.com/127681/article> [ISSN: 1573-3998; PubMed].
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25. **Chew Boon How**, Mimi Omar, Anis Safura Ramli, Irmis Zarina Ismail. Job Satisfaction and Motivation of Malaysian Primary Health Care Professionals. 16th Malaysian Family Medicine Scientific Conference 2012, July 12-15th 2012 at The Avillion Legacy Hotel, Melaka. [Proceedings-Poster Presentation]
26. **Chew Boon How**, Faezah Hassan, Azhar Md. Zain. Emotionally Intelligent in Social Management is related to Poor Academic Performance in the First and Fifth Years Medical Students in Universiti Putra Malaysia. 16th Malaysian Family Medicine Scientific Conference 2012, July 12-15th 2012 at The Avillion Legacy Hotel, Melaka. [Proceedings-Poster Presentation]
27. **Yee Lin Gan**, Oi Ming Lai, **Boon How Chew**, Kah Hay Yuen, Kalanithi Nesaretnam, Kim Tiu Teng, Kanga Rani Selvadurai, Puvaneswari Meganathan, Ju Yen Fu. Effect of Tocotrienols Supplementation on Platelet Aggregation in Subjects with Metabolic Syndrome. Oils and Fats International Congress (OFIC) 2012, September 11-14th 2012 at the KLCC. [Proceedings-Poster Presentation]
28. **Shuen Yeing Mo**, Kim Tiu Teng, Oi Ming Lai, **Boon How Chew**, Kalanithi Nesaretnam. Dry Fractionation of Chemically Intersterified palm Olein Reduces Solid Fat Content. Oils and Fats International Congress (OFIC) 2012, September 11-14th 2012 at the KLCC. [Proceedings-Poster Presentation]
29. **BH Chew**, PY Lee, AT Cheong, **I Mastura**, MA Bujang, H Jamaiyah, PP Goh, T Sri Wahyu. Complication Profiles and Associated Risk Factors in Adult Type 2 Diabetes Mellitus - Analysis of 57780 Patients Record from the ADCM Diabetes Registry. 4th Asia Pacific Primary Care Research Conference 2012, 1st & 2nd December 2012. [Proceedings-Poster Presentation]

2013

30. **BH Chew**, I Mastura, S Shariff-Ghazali, PY Lee, AT Cheong, H Jamaiyah, PP Goh, T Sri Wahyu. Follow-Up Status In Adult Type 2 Diabetes Mellitus- Experience From A Large Malaysian Cohorts. ATTD 2013 - The 6th International Conference on Advance Technologies & Treatments for Diabetes, February 27 - March 2, 2013 in Paris, France. [Proceedings-Poster Presentation]
31. **Chew Boon How (Chew BH)** Lee Ping Yein (Lee PY) Irmis Zarina Ismail (Irmis-Zarina I). "Personal Mission Statement": Medical Students' and General Practitioners' Reflections on Personal Belief, Value, Purpose and Goal in Life. 1st International Conference - Bioethics & Professional Practice, 8 - 9 May 2013, International Medical University, Bukit Jalil, Kuala Lumpur, Malaysia. [Proceedings-Poster Presentation]
32. **Mo SY**, Teng KT, Lai OM, **Chew BH** and Kalanithi N. Triacylglycerol structure of dietary fats may affect gut hormones and postprandial lipemia in subjects with type 2 diabetes mellitus. Conference On Non-Communicable Diseases: The Role of Diet and Physical Activity in Combating NCDs, Theme: Multi-Stakeholders Strategic Partnership, 26-27 March 2013, Renaissance Hotel, Kuala Lumpur. [Proceedings-Poster Presentation]
33. **Mo Shuen Yeing**; Lai Oi Ming; **Chew Boon How**; Kalanithi Nesaretnam and Teng Kim Tiu. Possible Effects of Triacylglycerol Structure of Dietary Fats on Gut Hormones and Postprandial Lipemia in Subjects with Type 2 Diabetes Mellitus. Malaysian Palm Oil Board International Palm Oil Congress 2013 (PIPOC 2013), 19-22 November 2013, Kuala Lumpur, Malaysia. [Proceedings-Poster Presentation]
34. **Chew Boon How (Chew BH)** Mazapuspavina Md Yasin (Mazapuspavina MY) Norsiah Ali (Norsiah A) Cheong Ai Theng (Cheong AT) Baizury Bashah (Baizury B) Mastura Ismail (Mastura I) Noridah Mohd Salleh (Noridah MS) Zuhra Hamzah (Zuhra H) Mohd Radzniwan A. Rashid (Mohd Radzniwan

AR). Family Medicine Specialists Ethical and Professional Practice as Perceived by Malaysia Public Healthcare Providers. 1st International Conference - Bioethics & Professional Practice, 8 - 9 May 2013, International Medical University, Bukit Jalil, Kuala Lumpur, Malaysia. [Proceedings-Poster Presentation]

35. **Chew Boon How**, Norsiah Ali, Mohd Radzniwan A. Rashid, Zuhra Hamzah, Mazapuspavina Md Yasin, Cheong Ai Theng, Noridah Mohd Saleh, Baizury Bashah, Mastura Ismail. A National Cross-Sectional Survey On The Perception Of The Malaysian Public Healthcare Providers On Family Medicine Specialists (PERMFAMS) - A Descriptive Report. 17th. Malaysian Family Medicine Scientific Conference 2013: "Millennium Development Goals (MDG) 4, 5 and 6: Are We There Yet?" The Zenith Hotel, Kuantan, Pahang, 04th – 07th July 2013. [Proceedings-Poster Presentation]
36. **Boon-How Chew**, Firdaus Mukhtar, Sherina Mohd-Sidik, Nor-Kasmawati Jamaludin, Fuziah Paimin, Noor-Hasliza Hassan. Relationship of Diabetes Distress, Depression, Medication Adherence and Quality of Life toward Disease Biomarkers among Adult Type 2 Diabetes Mellitus in Primary Care- A cross-sectional Study. 'Diabetes Asia 2013' Conference, Oct. 24-27, 2013. Palace of the Golden Horses, Jalan Kuda Emas, Mines Resort City, 43300 Seri Kembangan, Selangor, MALAYSIA. [Proceedings-Oral Presentation]
37. **Boon-How Chew**, Firdaus Mukhtar, Sherina Mohd-Sidik, Fuziah Paimin, Noor-Hasliza Hassan, Nor-Kasmawati Jamaludin. The 17-items Diabetes Distress Scale (DDS): Translation and validation of the Malay version. 'Diabetes Asia 2013' Conference, Oct. 24-27, 2013. Palace of the Golden Horses, Jalan Kuda Emas, Mines Resort City, 43300 Seri Kembangan, Selangor, MALAYSIA. [Proceedings-Poster Presentation]
38. **Yee Lin Gan**, Oi Ming Lai, **Boon How Chew**, Kah Hay Yuen, Kalanithi Nesaretnam, Kim Tiu Teng, Kanga Rani Selvaduray, Puvaneswari Meganathan, Ju Yen Fu. Effects of Tocotrienols Supplementation on Cardiovascular Health in Subjects with Metabolic Syndrome. Malaysian Palm Oil Board International Palm Oil Congress 2013 (PIPOC 2013) 19–22 November 2013, Kuala Lumpur, Malaysia. [Proceedings-Poster Presentation]
39. **Mo Shuen Yeing**; Lai Oi Ming; **Chew Boon How**; Ruhaini Ismail; Sallehudin Abu Bakar; Norli Abdul Jabbar; Kalanithi Nesaretnam and Teng Kim Tiu. Effects of triacylglycerol structure of dietary fats on glucose and triacylglycerol levels in Type 2 diabetes mellitus patients. Malaysian Palm Oil Board International Palm Oil Congress 2013 (PIPOC 2013) 19–22 November 2013, Kuala Lumpur, Malaysia. [Proceedings-Poster Presentation]

2014

40. **Mo Shuen Yeing**; Lai Oi Ming; **Chew Boon How**; Ruhaini Ismail; Sallehudin Abu Bakar; Norli Abdul Jabbar; Kalanithi Nesaretnam and Teng Kim Tiu. Postprandial Effects of Positional Distribution of Palmitic Acid on Gut Hormones and Satiety in Participants with Type 2 Diabetes Mellitus. 12th International Congress on Obesity (ICO), 17 - 20 March 2014, Kuala Lumpur, Malaysia.
41. **Shuen Yeing, Mo**; Oi Ming, Lai; **Boon How, Chew**; Ismail, Ruhaini; Abu Bakar, Sallehudin; Abdul Jabbar, Norli; Yuen May, Choo; Nesaretnam, Kalanithi and Kim-Tiu, Teng Acute Effects of Palmitic Acid at *sn*-2 on Gut Hormones and Insulinaemic Responses in Type 2 Diabetes Mellitus. AOCS on 4th May and end on 7th May 2014, in San Antonio, Texas. [Proceedings-Oral Presentation]

2017

42. **BH Chew**, RC Vos, RK Stellato, SS Ghazali, M Ismail, GEH Rutten. The value-based emotion-cognition-focused educational programme to reduce diabetes distress in adults with type 2 diabetes: a cluster randomised controlled trial. DIABETOLOGIA 60, S63-S64. 53rd EASD Annual Meeting,

	<p>Lisbon, Portugal. September 11-15, 2017. [Proceedings-Oral Presentation] ISSN: 0012-186X; 2016 ISI impact factor 6.080 Q1 (Endocrinology & Metabolism)] 2018</p> <hr/> <p>43. BH Chew, RC Vos, RK Stellato, SS Ghazali, M Ismail, GEH Rutten. The Effectiveness Of An Emotion-Focused Educational Programme In Reducing Diabetes Distress In Adults With Type 2 Diabetes Mellitus (VEMOFIT) At 12-Month Follow-Up: A Cluster Randomised Controlled Trial. 22nd WONCA World Conference of Family Doctors (WONCA 2018), Seoul, South Korea, October 17 to 21, 2018. [Proceedings-Oral Presentation] 2019</p> <hr/> <p>44. BH Chew, SWH Lee. Evidence-based Practice. 5th ASEAN Regional Primary Care Conference (ARPaC 2019), Kuala Lumpur, Malaysia, March 28 to 30, 2019. [Workshop-Oral Presentation] <i>Malays Family Physician</i>. 2019;14(Suppl 1):24. [ISSN: 1985-2274; Scopus]</p> <p>45. Noriza Wahab; Abdul Jamil Ahmad; Azianey Yusof @ Abdullah Saari; Habshoh Hat; Hasniza Hasim; Mohd Faudzi Bin Abdullah; Nor Azah Mohamad Nawi; Norihan Bt Abu Bakar; Norzazalina Bt Samsudin; Shakirah Ismail; Zamri Bin Mansor; Sri Wahyu Taher; Boon-How Chew. 22nd Family Medicine Specialist Conference, Borneo Convention Centre, Kuching, Sarawak 1st – 3rd AUGUST 2019. Prevalence and correlates of diabetes distress and depressive symptoms among 1184 adults with type 2 diabetes in 12 public health clinics in Kedah Malaysia (EDIPEQS-DD): a cross-sectional study. [Oral Presentation] <i>Malays Family Physician</i>. 2019;14(Suppl 2):24. [ISSN: 1985-2274; Scopus]</p> <p>46. Noriza Wahab; Abdul Jamil Ahmad; Azianey Yusof @ Abdullah Saari; Habshoh Hat; Hasniza Hasim; Mohd Faudzi Bin Abdullah; Nor Azah Mohamad Nawi; Norihan Bt Abu Bakar; Norzazalina Bt Samsudin; Shakirah Ismail; Zamri Bin Mansor; Sri Wahyu Taher; Boon-How Chew. Diabetes-specific quality of life and its correlates among 1184 adults with type 2 diabetes in 12 public health clinics in Kedah Malaysia (EDIPEQS-DQOL): a cross-sectional study. 22nd Family Medicine Specialist Conference, Borneo Convention Centre, Kuching, Sarawak 1st – 3rd AUGUST 2019. [Poster Presentation] <i>Malays Family Physician</i>. 2019;14(Suppl 2):24. [ISSN: 1985-2274; Scopus]</p>
Other publications	
Computer software	

H. PROJEK PENYELIDIKAN KINI & TERDAHULU(Current & Past Research Project)						
Project No.		Project Title	Role	Year	Source of fund	Status
1.	NMRR-09-57-3252	i-COMPARE	Site investigator	2008-	Sanofi-aventis	Completed
2.		Perbandingan Pertumbuhan Kanak-kanak Berdasarkan Standard WHO 2006 dan Rujukan NCHS 1977 Dengan Penilaian Klinikal Di Negeri Perak dan Pahang	Site investigator	2008-2009	Ministry of Health	Completed

3.		Primary Healthcare Services in the District of Batang Padang, Perak- Perspective of the Healthcare Providers	Principal investigator	2009	Self	Completed
4.		Smoking Status of Clients Visiting Tapah Community Polyclinic- A Cross-sectional Survey	Principal investigator	2009	Self	Completed
5.		Soal-selidik Perkhidmatan Klinik Kesihatan Tapah 1/2008	Principal investigator	2008-2009	Self	Completed
6.		Management of Uncomplicated Hypertension by Medical Officers in Health Clinics	Principal investigator	2008-2009	Self	Completed
7.		An Audit of Type 2 Diabetes Care in a Malaysian Public Community Polyclinic.	Principal investigator	2009-2010	Self	Completed
8.		Knowledge and Stigma on HIV/AIDS Patients amongst Medical Students at a Public University in Malaysia.	Co-investigator	2010	Self	Completed
9.		The Difference in Classes Performance between Students Having Academic and Non-Academic Problems in Faculty Of Medicine and Health Sciences in University Putra Malaysia.	Co-investigator	2010	Self	Completed
10.	NMRR-10-1407-6264	Effect of Emotional Intelligence on the Medical Student's Academic Performance.	Principal investigator	2010-2012	RUGS (RM 29,500)	Completed
11.	NMRR-11-1054-9190	Perception of Malaysian Healthcare Professional on Family Medicine Specialists (PERFAMS).	Principal investigator	2011-2012	FMSA+UPM (RM10,000 + RM 3,000)	Completed
12.	NMRR: 9300	Job Satisfaction of Malaysian Primary Care Doctors.	Principal investigator	2011	Self	Completed
13.	NMRR-11-297-8326	Prevalence and Treatment Outcomes of Emergency Cases at Community Health Clinics in Malaysia.	Principal investigator	2011	Self	Completed
14.	NCT01545401	Empowering Patients and Primary Care to Improve Chronic Disease Outcomes: The EMPOWER Participatory Action Research (EMPOWER-PAR).	Co-investigator	2011-2013	ERGS (RM 179,900)	Completed
15.	NMRR-12-146-11363/NC T01906359	The acute effects of triacylglycerol structure of palmitic acid rich fats on insulin secretion and sensitivity, haemostatic markers in Type II diabetic patients. (MSc student's project)	Co-investigator	2011-2013	MPOB (RM 155,000)	Completed
16.	NCT01631838	The effects of tocotrienols supplementation on platelet aggregation in subjects with metabolic syndrome. (MSc student's project)	Co-investigator	2011-2013	MPOB (RM 200,000)	Completed

17.	NMRR ID: 14286	Communication in Primary Healthcare Among Healthcare providers in a multilingual society: An exploratory study	Co-investigator	2011-2013	ERGS (RM 50,000)	On-going
18.	NMRR-12-1360-13846	Communication Structure and Dynamics of Bedside Teaching and Learning	Co-researcher	2012-2014	RUGS 3 (RM 40,050)	Completed
19.		Pre-diabetes Intervention Programme	Co-investigator	2011-2013	Health Promotion Board (RM 620,000)	Completed
20.	NMRR-12-1167-14158	Emotional Distress and its Effect on Disease Control, Medication Adherence and Quality of Life in Patients with Type 2 Diabetes Mellitus [EDDMQoL]	Primary Investigator	2012-2013	RUGS 3 (RM 22,000)	Completed
21.	Lect(JPK)_Feb(13)01	"Personal Mission Statement": A Comparison of Medical Students' and General Practitioners' Reflections on Personal Belief, Value, Purpose and Goal in Life	Principal Investigator	2012-2013	Self	Completed
22.	NMRR-12-1360-13846	Communication Structure and Dynamics of Bedside Teaching and Learning	Co-researcher	2012-2014	RUGS 3 (RM 40,050)	Completed
23.	NMRR ID: 13534	Exploring Biochem & Genetic Markers assoc wt Statin Induced Muscle Toxicity in Selected M'sian Pop. (MSc student's project)	Co-researcher	2012-2014	?	Completed
24.	NMRR-15-551-25600 (IIR)	The identification and characterization of Lactobacilli from Malaysian women. (MSc student's project)	Co-researcher	2015-2016		Completed
25.	NMRR-15-1144-24803	The effectiveness of a value-based emotion-focused educational programme to reduce diabetes-related distress in adults with type 2 diabetes (VEMOFIT). NCT02730078	Principal Investigator	2016-2018	MRG (RM 132,600) Klinik-klinik Kesihatan in Negeri Sembilan	Completed
26.	NMRR-15-2214-28139	Relationship between emotional disorders (diabetes distress and depression) and outcomes (self-care and clinical) in adults with Type 2 diabetes mellitus in primary care- design of a prospective cohort study. NCT02730754	Principal Investigator	2016-2017	(Self) UPM, Klinik Kesihatan Seri kembangan, Dengkil and Salak	Completed
27.	NMRR-15-2229-28701 (IIR)	Anti-inflammatory Effect of Tocotrienol Supplementation in Subjects with Moderately Elevated Inflammation (INTOC).	Co-investigator & MPOB	2017-2020	Malaysia Palm Oil Board (MPOB),	On-going

			(RM 500,600)		Selangor, Malaysia	
28.	NMRR-16-2727-29733	Emotional Distress, Illness Perception and its Effect on Quality of Life, Self-management and Disease Control in Adult Patients with Type 2 Diabetes Mellitus- a Cross-sectional Study.	(FMISA) Principal Investigator (RM 6,000)	2017-2019	Klinik-klinik Kesehatan in Kedah	On-going
29.	UPM/TNC PI/RMC/1.4.18.2	Red Palm Olein on Inflammation and Gut Health.	Co-investigator & MPOB (RM 1,549,000)	2018-2020	Malaysia Palm Oil Board (MPOB), Selangor, Malaysia	On-going
30.	ISRCTN87 414969	The effectiveness of breathing exercise, foot reflexology, and back massage (BRM) during the first stage of labor on labor pain, duration, anxiety, satisfaction, stress hormones, and newborn outcomes in women in Saudi Arabia who are pregnant for the first time. (PhD student's project)	Principal Investigator (Rs 95,800 about RM 105,700)	2019-2020	Ummu Al-Qura University, Saudi Arabia	On-going
31.	NMRR-19-2131-49289	Effectiveness of Chronic Kidney Disease Nurse-Led Self-Management (CKD-NLSM) Program: A Randomised Controlled Trial. SPS6999. (PhD student's project). NCT03974646	Principal Investigator (RM 50,000)	2019-2021	Technological Horizons For Compound Fertilizer Factory, Saudi Arabia	On-going

JOURNAL REVIEWER <https://publons.com/dashboard/records/review/>

No.	Journal Name
1.	AIDS Care
2.	Asia Pacific Family Medicine
3.	Asia-Pacific Journal of Public Health
4.	ASM Science Journal
5.	Australian Family Physician
6.	BMC Family Practice
7.	BMC Health Services Research
8.	BMC Pregnancy and Childbirth
9.	BMC Public Health
10.	BMJ Open
11.	BMJ Open Diabetes Research & Care
12.	British Journal of Medicine and Medical Research

13.	Canadian Journal of Diabetes
14.	Clinical Teacher
15.	Cochrane Database of Systematic Reviews
16.	Diabetes Research and Clinical Practice
17.	Expert Review of Anti-infective Therapy
18.	Frontiers in Psychological and Behavioral Science
19.	Health and Quality of Life
20.	Health Psychology
21.	International Journal of Diabetes in Developing Countries
22.	International Journal of Diabetes Research
23.	Journal of Affective Disorders
24.	Journal of Diabetes Investigation
25.	Journal of Diabetes Research & Clinical Metabolism
26.	Journal of Psychosomatic Research
27.	Malaysian Journal of Medicine and Health Sciences
28.	Medical Journal of Malaysia
29.	Malaysian Family Physician
30.	Malaysian Journal of Medical Sciences
31.	Pharmacoepidemiology and Drug Safety
32.	PLoS One
33.	Postgraduate Medicine
34.	Primary Care Diabetes
35.	Quality of Life Research
36.	DynaMed- Chikugunya Fever http://dynamed.ebscohost.com/about/reviewers
37.	Problem Based Learning- Cases For Medical Students

INVITED AS SPEAKER			
Date	Venue	Topic	Occasion
8-11th May 2008	Suntec Convention Centre, Singapore	The Control of Type 2 Diabetes and its Complications in a Primary Care Centre in Malaysia	The Singapore Disease Management Conference 2008 & 1st International Conference On Healthcare Transformation 2008: Primary Care Focus.
15th and 16th July, 2011	Grand Season Hotel, Kuala Lumpur	Medical Records and Confidentiality	Diploma in Family Medicine- Workshop on Professionalism, Ethical Practice and the Law
30th April 2011	Logos Presbyterian Church, Old Klang Road, Kuala Lumpur	Cancer and I [Mandarin]	Public Talk

28th July 2011	Faculty of Medicine and Health Sciences, Universiti Putra		World Hepatitis Day- Public Talk in conjunction with World Hepatitis Day
22nd October 2011	Serdang Chinese Methodist Church, Selangor	Medicalization or Not [Mandarin]	Public Talk
14th and 15th January, 2012	Grand Season Hotel, Kuala Lumpur.	Medical Ethics and Professionalism	Diploma in Family Medicine- Workshop on Professionalism, Ethical Practice and the Law.
23rd May 2012	Serdang Chinese Methodist Church, Selangor	Dementia & Alzheimer's Disease [Mandarin]	Public Talk
30th May 2012	Faculty of Medicine and Health Sciences, Universiti Putra	Nutrition in Family Medicine	UPM Research Week
10th October 2012	Faculty of Medicine and Health Sciences, Universiti Putra	Emotional Intelligence and Academic Performance in UPM Medical Students	Faculty's CME
18th Jan 2013	PNB Ilham Resort, Port Dickson	Why do people develop prediabetes/diabetes (who are at risk?)	Lecture 5, 2130 - 2230 hours (1 hour): Train The Trainer for Prediabetes Intervention Programme
5th June 2013	Serdang Chinese Methodist Church, Selangor	Bones & Joints in the Elderly [Mandarin].	Public Health Talk
14th July 2013	KL Cantonese Methodist Church.	Diabetes Mellitus: The Disease, The Causes & The Complications	Public Health Talk
6th May 2015	Serdang Chinese Methodist Church, Selangor	Health-Death and Advance Healthcare Directives [Mandarin]	Public Health Talk
12th June 2015	Serdang Chinese Methodist Church, Selangor	Psychological Health from Christians' Perspective [English-Mandarin]	Public Health Talk
23th August 2015	Serdang Chinese Methodist Church, Selangor	Midlife Crisis [English-Mandarin]	Public Health Talk
17th August 2016	Serdang Chinese Methodist Church, Selangor	Elderly Eye Care [English-Mandarin]	Public Health Talk
18th February 2017	Puchong Chinese Presbyterian Church, Selangor	Basics on First Aid and An Unconscious Casualty [English-Mandarin]	Boys' Brigade First aid and First Response course
25th February 2017	Puchong Chinese Presbyterian Church, Selangor	Cardiopulmonary Resuscitation (CPR) [English-Mandarin]	Boys' Brigade First aid and First Response course
4th March 2017	Puchong Chinese Presbyterian Church, Selangor	Bleeding and Shock [English-Mandarin]	Boys' Brigade First aid and First Response course
11th March 2017	Puchong Chinese Presbyterian Church, Selangor	Allergic Reaction and Burns & Scalds [English-Mandarin]	Boys' Brigade First aid and First Response course
25th March 2017	Puchong Chinese Presbyterian Church, Selangor	Minor Injuries- Soft Tissue Injuries, Cuts and Grazes [English-Mandarin]	Boys' Brigade First aid and First Response course
1st April 2017	Puchong Chinese Presbyterian Church, Selangor	Fractures [English-Mandarin]	Boys' Brigade First aid and First Response course
8th April 2017	Puchong Chinese Presbyterian Church, Selangor	Practical Skills in Bandaging [English-Mandarin]	Boys' Brigade First aid and First Response course

28th September 2018	Negeri Sembilan State Health Office	Introduction to Clinical Epidemiology	FMS Grooming Program
2nd December 2018	Puchong Chinese Presbyterian Church, Selangor	What is health and medicine today? [English-Mandarin]	Health Expert Program Series 1
30th December 2018	Puchong Chinese Presbyterian Church, Selangor	What is illness and how to cope? [English-Mandarin]	Health Expert Program Series 2
6th January 2019	Puchong Chinese Presbyterian Church, Selangor	What is illness and how to cope? [English-Mandarin].	Health Expert Program Series 3
20th January 2019	Puchong Chinese Presbyterian Church, Selangor	Ageing, degenerative condition and illnesses. [English-Mandarin].	Health Expert Program Series 4
27th January 2019	Puchong Chinese Presbyterian Church, Selangor	The occurrence of illnesses and their classifications. [English-Mandarin]	Health Expert Program Series 5
17th February 2019	Puchong Chinese Presbyterian Church, Selangor	Disease timelines. [English-Mandarin]	Health Expert Program Series 6
24th February 2019	Puchong Chinese Presbyterian Church, Selangor	Navigating healthcare systems. [English-Mandarin]	Health Expert Program Series 7
3rd March 2019	Puchong Chinese Presbyterian Church, Selangor	Disease prevention. [English-Mandarin]	Health Expert Program Series 8
10th March 2019	Puchong Chinese Presbyterian Church, Selangor	Health promotion & Self-management. [English-Mandarin]	Health Expert Program Series 9
21 st June 2019	Negeri Sembilan State Health Office	Introduction to Clinical Research and Clinical Audit	FMS Grooming Program
10 th & 17 th August 2019	Logos Presbyterian Churches, Selangor and WP Kuala Lumpur	Cardiopulmonary Resuscitation	Public Health Talk & Workshop

TEACHING - UNDERGRADUATE

Year	Code of Program	Name of Program
2009-2013	SPP 36210	Undergraduate Medical Doctor program- 2nd year medical student Research Methodology Project
2009-2013	SPK 3711	Undergraduate Medical Doctor program -Family Medicine posting
2009-2013	NA	Clinico-pathological Conference (CPC) for year 5 Medical Doctor program
2009-2013	SPP 3591	Problem-Based Learning module for 2nd year medical student

2009-2013	SPP 3111	Professional Development module for 2nd year medical student. Elected as the Module Coordinator.
2009-2013	NUR3402	Primary Care Nursing- Bachelor Program
2009-2011	Task-based Learning	Cyberjaya University College of Medical Sciences (CUCMS) Family Medicine Posting
2009-2010	SPK 3821	Supervisor for Fourth Year 2009/2010 medical student Community Follow-up posting

TEACHING - POSTGRADUATE		
Year	Name/Code of Program	Topic/Program
2018-	Master in Family Medicine, Universiti Putra Malaysia	Clinical Research Methodology
2013-2014	Master in Family Medicine, Universiti Putra Malaysia	Evidence-based Medicine
2013-2014	Master in Family Medicine, Universiti Putra Malaysia	Ethics and Professionalism
2012-2013	Master in Family Medicine, Universiti Putra Malaysia	Ethical Issue in Family Medicine
2011-2012	Master in Family Medicine	Practice Diary Mock Examination
2012-2014	Advance Training Programme (ATP)	Research Mentor for Academy of Family Physician Malaysia
2010-2012	UPM master degree program for Family Medicine	Committee member in drafting up UPM master degree program for Family Medicine